

### Summer Term Menu 2023

### Week 1 Menu Dates

1<sup>st</sup> May (Monday Bank Holiday) 22<sup>nd</sup> May 19<sup>th</sup> June 10<sup>th</sup> July

### Week 2 Menu Dates

8<sup>th</sup> May (Monday Bank Holiday)
5<sup>th</sup> June
26<sup>th</sup> June
17<sup>th</sup> July

### Week 3 Menu Dates

15<sup>th</sup> May 12<sup>th</sup> June 3<sup>rd</sup> July

Years Reception, 1 & 2 - Free of Charge Years 3, 4, 5 & 6 - £2.50 per day





## Monday

#### **MAINS**

Cheese & Tomato Pizza
Or a choice of
Cheese, Ham or Tuna Baguette

<u>Vegetarian</u>

Jacket Potato with Beans or Cheese

Gluten Free Option

Jacket Potato with Beans or Cheese

Served with Mixed Salad



#### MAINS

Meatballs and Spaghetti with option sauce Or A choice of Cheese, Ham or Tuna Baguette

#### Vegetarian

Plant Based Meatballs and Spaghetti with option sauce

### Gluten Free Option

Plant Based Meatballs GF Spaghetti with option sauce

Served Garlic Bread and Green Beans

## Wednesday

### **MAINS**

Roast Chicken
With all the Trimmings
Or a choice of
Cheese, Ham or Tuna Baguette

Vegetarian
Quorn Fillets
With all the Trimmings

Gluten Free Option Roast Chicken, Potatoes and Veggies



## Friday

# Thursday

#### **MAINS**

Chicken Burger
Or
A choice of
Cheese, Ham or Tuna
Baguette

Vegetarian
Plant Based Burger

Gluten Free Option
Chicken Burger with Gluten
Free Bun

Served with Mixed Salad & Coleslaw



Omega 3 Fish Fingers Or a choice of Cheese, Ham or Tuna Baguette

Vegetarian
No Fish Goujons

Gluten Free Option
Gluten Free Fish Fingers

Served with Fries
Sweetcorn and Peas.









# Monday

#### **MAINS**

Mac 'N' Cheese

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Jacket Potato with either Beans, Cheese or Tuna

Vegetarian
Tomato Pasta Bake

Gluten Free Option
Gluten Free Tomato Pasta Bake

Served with

Homemade Crusty Bread,

Mixed Salad

## Tuesday

#### MAINS

Sweet and Sour Chicken with Noodles/Rice

Or

Jacket Potato with either Beans, Cheese or Tuna

<u>Vegetarian</u>
Plant Based Chicken with Noddles/ Rice

Gluten Free Option
Sweet and Sour Chicken with
Gluten Free Pasta

Served with Stir Fry Vegetables

# Wednesday

#### **MAINS**

Roast Gammon with all the Trimmings

Or

Jacket Potato with either Beans, Cheese or Tuna

Vegetarian

Quorn Fillets with all the Trimmings

Gluten Free Option
Gammon Roast, Potatoes and Veggies





Sausage Hotdog

Or

Jacket Potato with either Beans, Cheese or Tuna

Blue Option

Quorn Sausage Hotdog

Gluten Free Option
Gluten Free Sausages

Served with Wedges and Beans



# Friday

### MAINS

Fish Fillet Jacket Potato with either Beans, Cheese or Tuna

Vegetarian
No Fish Fillet

Gluten Free Option
Gluten Free Fish fingers

Served with Chunky Chips, Beans or Sweetcorn







# Monday

#### **MAINS**

Cheese Whirl, Mixed Salad And Crusty Bread Or A choice of Cheese, Ham or Tuna Baguette

#### **Vegetarian**

Jacket with Beans or Cheese

#### **Gluten Free Option**

Jacket with Beans or Cheese

# Tuesday

#### MAINS

Chicken Curry (Optional Sauce)
Or
A choice of
Cheese, Ham or Tuna Baguette

Vegetarian

Quorn Curry (Optional Sauce)

Gluten Free option
Chicken Curry (Optional Sauce

Served with Rice and Bread

# Wednesday

#### **MAINS**

Pulled Pork Roast Or A choice of Cheese, Ham or Tuna Baguette

Vegetarian
Quorn Fillets with all the
Trimmings

Gluten Free Option
Roast Chicken, Potatoes and
Veggies



# Thursday

### MAINS

Chilli with Rice,
Corn on the Cob and Salad
Or
A choice of
Cheese, Ham or Tuna Baguette

Vegetarian
Quorn Chilli with Rice
Corn on the Cob and Salad

Gluten Free Option
Chilli with Rice,
Corn on the Cob and Salad

# Friday

#### **MAINS**

Chicken Nuggets
Or
A choice of
Cheese, Ham or Tuna Baguette

Vegetarian Quorn Dippers

Gluten Free Option
Gluten Free Chicken Nuggets

Served with Chips and Beans





