P.S.H.E.

What We Teach in P.S.H.E.:

At Bocking, we use the Kapow Primary scheme of learning to deliver a carefully sequenced and engaging PSHE curriculum that builds children's knowledge, skills and understanding as they move through the school. Our curriculum covers key areas including families and relationships, health and wellbeing, safety and the changing body, citizenship, and economic wellbeing. Children develop important knowledge about themselves, others and the world around them, learning how to build positive relationships, recognise and manage their emotions, make healthy choices, stay safe and understand their rights and responsibilities.

Alongside developing their knowledge, children are encouraged to think critically, ask questions, share their opinions, listen respectfully to different viewpoints and apply their learning to real-life situations. Key themes and concepts are revisited and developed progressively, allowing children to build on previous learning and develop increasing confidence and independence. We place great importance on developing subject-specific vocabulary, helping children to articulate their thoughts, feelings and understanding with confidence. Children are encouraged to reflect on their own experiences, consider the experiences of others and contribute thoughtfully to discussions about issues that affect their lives and communities. Through our PSHE curriculum, we aim to equip every child with the knowledge, skills and resilience they need to navigate life's challenges, celebrate differences, make positive contributions to their families, school and wider community, and become active, responsible citizens.

How We Teach P.S.H.E.:

At Bocking Primary School, PSHE is taught through engaging, inclusive and carefully planned lessons. Lessons are designed to build on children's prior knowledge and experiences, with learning sequenced progressively to develop their understanding, confidence and independence over time. We use a range of teaching approaches, including discussion, questioning, role-play, practical activities, scenarios and collaborative learning, allowing children to explore real-life situations in a safe and supportive environment. Teachers use questioning, discussion and ongoing assessment to check understanding, identify misconceptions and adapt teaching to meet the needs of all learners. Where appropriate, scaffolding, visual resources, modelling and additional support are provided to ensure that children with SEND, EAL and those who may be vulnerable or disadvantaged can access the learning and participate fully. For a small number of children with more complex needs, learning may be delivered through highly adapted provision or personalised outcomes to ensure it remains meaningful, ambitious and appropriate to their developmental stage. We place great importance on developing children's vocabulary and communication skills, explicitly teaching key terminology and encouraging children to express their thoughts and opinions respectfully. Through meaningful discussions and opportunities to apply their learning to everyday situations, children learn how to recognise risks, seek help when needed and make informed decisions that support their wellbeing and safety. We aim to make PSHE memorable, relevant and purposeful, ensuring every child feels included, listened to and equipped with the skills to make positive choices throughout their lives.

What Our Children Have Learnt in P.S.H.E:

At Bocking, we want every child to leave each stage of their education with the knowledge, understanding and skills to make informed choices and navigate the world around them confidently.

Through our Kapow PSHE curriculum, children develop an age-appropriate understanding of relationships, health and wellbeing, safety, citizenship and economic wellbeing. As they progress through the school, children build on prior learning, developing increasingly complex understanding and the ability to apply what they have learnt to real-life situations.

By the end of Key Stage 1, children are beginning to recognise and understand their emotions, develop positive friendships, make healthy choices and identify ways to keep themselves safe. By the end of Key Stage 2, children are increasingly confident in expressing their opinions, understanding different perspectives, managing relationships, recognising risks and making responsible decisions about their health and wellbeing.

We celebrate learning through children's discussions, contributions, written activities, practical tasks and ongoing teacher assessments, which help us recognise progress and identify any areas where further support may be needed. We are committed to ensuring that all children, including those with SEND and those who may be disadvantaged or vulnerable, are supported to achieve well and participate fully. Children demonstrate their understanding through the confidence with which they discuss emotions, relationships, wellbeing, safety and citizenship, and through their ability to apply this understanding to real-life situations. Ultimately, we want our children to leave Bocking Primary School as confident, respectful, resilient and responsible young people who have the knowledge, skills and understanding to make positive choices, build healthy relationships, contribute positively to society and navigate future challenges successfully.