



BOCKING NEWS

I am Ambitious, Respectful, Responsible, Engaged and I Persevere.
Bocking Primary School Weekly Round Up
Friday 2nd February 2024

WHAT'S COMING UP

February 2024

- 6th - EYFS Super Hero Day
- 8th - Y6 Mersea Parent/Child Meeting 2:45
- 15th - Open Door 2:30

March

- 11th - Y2 Layer Marney Trip
- 12th - TLC's
- 14th - TLC's
- 26th - 28th Y6 Mersea Residential

April

- 17th - Y5 Swimming x 6 wks

May

- 20th - Y5 British Museum Trip
- 21st - EYFS/Y1 Location TBC
- 23rd - Open Door 2:30

June

- 5th - Y6 Swimming x 6 wks
- 4th - Y3 - Botanicals Garden Trip
- 6th - Y4 Colchester Zoo Trip

July

- 4th - Sports Day KS1 AM then picnic lunch for whole school, and KS2 PM
- 19th - Celebration Assembly
- 23rd - Leavers Assembly
- 9th - Y6 Production PM
- 10th - Y6 Production Evening

AFTER SCHOOL ACTIVITIES

- Mon - Choir Club (Y3-Y6)
- Tues - Lego Club (Y1-Y6)
- Wed - Art Club (Y2, Y3, Y4)
- Wed - SCS Football (Y1-Y2)
- Thu - SCS Football Boys and Girls Y3-Y6
- Fri - FITC - Multisport

Dear Parents and Carers,

It has been an exciting week here at Bocking Primary School, with our KS2 children getting the incredible opportunity to travel through time and space with Virtual Reality Day. They were transported to the Roman era, where they learned all about living in Roman times. They then ventured into the depths of the jungle, coming face to face with rare animals, including majestic gorillas. They found themselves on the African Savanna, witnessing the pride of lions roaming the landscape and under the ocean watching turtles swimming whilst discussing climate change and the impact on the environment. The children were filled with awe and wonder as they experienced these virtual adventures, and it was a joy to see their excitement.

In other news, our netball team recently had a thrilling home match against Rayne Primary. Coached by Mr Porte, our players put on a fantastic display of skill and determination. With the support of our enthusiastic spectators, they gave it their all. For a detailed account of the match, I encourage you to read Krystal's match report below. We eagerly await the rematch and hope for another exciting game.

Our Pupil Forum members have an exciting opportunity next week as they visit Rayne Primary. They will have the chance to interview members of staff, including the Deputy Headteacher and teachers, all about environmental sustainability. This project is in preparation for our participation in World Environment Day on 5th June. We are proud of our students' commitment to making a positive impact on our planet.

Additionally, our Early Years Foundation Stage (EYFS) students will be celebrating Super Hero Day next week on Tuesday 6th February. It promises to be a fun-filled day for our little superheroes!

Our PTSA will be hosting a Valentine's disco on 13th February. It will be a wonderful opportunity for our children to come together and celebrate friendship and kindness. We hope to see many of you there.

Lastly, I am pleased to announce that the RSPCA will be visiting us for an assembly next week. They will be discussing the importance of preventing cruelty to animals and educating our children on how to care for their pets. It is a valuable lesson that we hope will instill compassion and empathy in our students.

If you have any questions or concerns, please do not hesitate to contact us.
Have a lovely weekend
Mrs Cagney

Bocking V Rayne Netball Report

"As written by Krystal Y6"

We played this match here at Bocking. It was a friendly match and we had spectators to cheer us on. There were four quarters and the players on our team was me, Annabelle, Indie, Peter, Amelia T, Lenny, Marion, Summer, Esca, Amelia S, Teddy R and Jasmine. We have been practicing every week on Wednesday and Thursday with Mr Porte our coach. We would like to say thank you for dedicating this time to help us improve. Our centre and wing attacks (Lenny, Peter and me) worked really hard to make space and support the attack and our goal keeps, wing defence, goal defence (Annabelle, Indie, Esca, Summer, Marion, and Amelia S) did a fantastic job to stop the opposing team from scoring.

The goal scorers were me, Amelia T, and Teddy R. I scored 2 goals, Teddy R scored 1 and Amelia T did too. The final score was 4-3 but the last goal I scored didn't count due to the umpires whistle blowing blown as the ball entered the hoop. Our coach and teachers said that we were playing really well so we kept going and we never gave up. After the match, each team had to choose someone from the other team to be the Top Player. Rayne decided to choose me and we chose their goal attack Molly. The key moment has to be when we were losing 3-2 but then we came back and won 4-3. We all had a great time playing and we are looking forward to our next match again Rayne soon.



STAR OF THE WEEK

Certificates were presented in our celebration assembly to:

(EYFS)

Emilia (Yr 1)

Anthony (Yr 2)

Albie (Yr 3)

Isobel (Yr 4)

Anashe (Yr 5)

Reuben (Yr 6)

AR READERS

Quiz Scores 100%

Year 3 - Ronnie, Diogo, Albie, Linda

Year 4 - Kayton, James R, Thomas

Year 5 - Maximus

Word Count Winners

Year 5

154,979

TIMES TABLE ROCKSTARS



TBC System issues apologies

ATTENDANCE

91% - Year EYFS

96% - Year 1

91% - Year 2

90% - Year 3

94% - Year 4

92% - Year 5

94% - Year 6

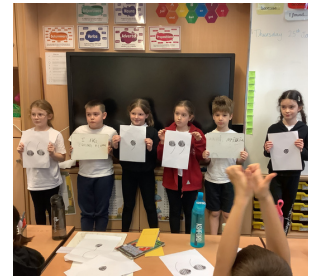
Attendance target

95%

CLASSROOM NEWS...

YEAR 3

In Year 3 we are writing adventure stories and learning lots of new techniques to help make our stories exciting, like using short snappy sentences; using questions to make the reader think and showing how a character is feeling rather than telling the reader. As part of this we are also using dialogue to help move our story along. We have been practising how to punctuate speech in our lessons and really enjoyed playing a game where people had to become punctuation marks! We then had a go at punctuating each other's sentences.



YEAR 4

We have been learning about the perimeter of shapes by adding, subtracting and multiplying. In English, we have written a practice persuasive text about deforestation of the Amazon rainforest, ready to write our own text about how the school can save electricity. In Science, we have been making electrical circuits and were so excited when we managed to light our bulb! We loved learning about different Roman Gods and in PE, we are persevering to become fitter and stronger through circuit training.

By Year 4 Learning Ambassadors, Louis and James R

YEAR 5

This week we have been learning lots and working very hard. In PE, we have shown perseverance as we never gave up during our fitness circuits. In Maths we are learning about fractions and in English we have been learning about the Highwayman. It was great fun learning and creating the text maps as we all thought of fantastic actions to go with it. We took part in a class debate and decided whether The Highwayman was a 'bad person' and if Tim was responsible for Bess' death. Everyone has come into class with a smile on their face this week and we can't wait for more fun learning next week.

From Teddy and Fletcher (Learning Ambassadors)

YEAR 6

This week, Year 6 have worked tirelessly on writing their suspense narratives. We were really impressed with their literary devices. Here are some phrases to impress you too: a house bathed in the soft moon light; ebony-black crows threw their screeches into the ominous air; for a few minutes the solitary man kept his eye on the cabin, looking for life; creeping through twisted trees, a sinister mist strangled everything like a hangman's rope; the mist coiled round him like a snake, making it almost impossible to see the cabin; behind the glow mist were shadows dancing in the moonlight; his worries ate his insides, making him vulnerable. I'm sure you will agree that these devices are truly outstanding! Well done, Year 6!

Caring for children with COUGHS

This poster contains information about how to look after a child who has a cough (not due to asthma). For more detail see www.bristol.ac.uk/child-cough



COUGH

Coughs can last for 3-4 weeks and make your child feel quite unwell but will still get better by themselves.

'Noisy chests' or 'chesty coughs' are quite common when young children catch a cold and are not necessarily a sign of a 'chest infection'.

Healthy children typically get a cough 7-10 times a year and this is not a sign that there is anything wrong with their immune system.

DISTURBED SLEEP

Coughs will often wake your child in the night. When the child lies down, more of the mucus from the nose and throat runs downwards and your child coughs more to clear it.

Coughing is part of the body's defence system which helps keep the lungs clear and fight the illness. Unfortunately this can wake the child in the night but does not mean the illness is more severe.

For children over 1 year, a spoon of honey (perhaps in a warm drink) half an hour before bed may help them to wake less often.

For children over 2 years, vapour rubs (containing camphor, menthol and/or eucalyptus) may help children sleep better.



FEVER/HIGH TEMPERATURE

In children, a temperature of over 37.5°C is considered a fever.

Fever is a normal response to illness and does not harm children. It may even help to fight illness.

Children with a high temperature may be more likely to have a more severe illness, although most do not. Occasionally a child may have a fit. This shouldn't cause harm and treating the fever does not prevent it.

It is safe to use child paracetamol and ibuprofen to manage children's fever (and pain) for as long as needed. Follow the dosage on the bottle.

DRINKING/EATING LESS

Children often eat and drink less when they have normal childhood illnesses. Most children can go a few days without eating much and this will not affect their longer term growth and development.

All children need to drink regularly to avoid becoming dehydrated, especially if they are vomiting.

To help prevent dehydration, encourage your child to have sips of water.



WHEN TO SEE THE DOCTOR

Arrange to see or speak to your doctor today if any of the following occur:

RAPID OR DIFFICULT BREATHING (DEPENDING ON AGE):

AGE OF CHILD	BREATHING RATE
Babies under 6 months	over 60 breaths per minute
Babies 6-12 months	over 50 breaths per minute
Children over 1 year	over 40 breaths per minute
Any age	Being short of breath (as if your child has been running) or is 'working hard' to breathe when resting
Any age	Skin between and below the ribs gets sucked in each time your child takes a breath

HIGH OR PERSISTENT FEVER (DEPENDING ON AGE OF CHILD):

AGE OF CHILD	TEMPERATURE
Babies under 3 months	38°C or more
Babies 3-6 months	39°C or more
Children over 6 months	over 37.5°C for more than 5 days
If your child has a fever fit, call 999 or take them to A&E.	

VOMITING (DEPENDING ON AGE):

AGE OF CHILD	SYMPTOMS
Babies under 3 months	Vomiting + fever of 38°C or above
Babies 3-6 months	Vomiting + fever of 39°C or above
Children over 6 months	Vomiting + fever + extremely drowsy or listless Severe vomiting (child not able to hold down fluids for 8 hours or showing signs of dehydration)
Any age	Persistent vomiting (more than 2 days)

SKIN PALER THAN USUAL

If your child appears much paler than usual; hands and feet are very cold while their body is warm **if skin, lips or tongue appear blue, call 999.**

PAIN

Pain in the chest (not when coughing) combined with fever and rapid breathing.

HARD TO WAKE / UNRESPONSIVE

Cannot be woken or wakes only slightly and then immediately goes back to sleep.

If your child wakes only with lots of stimulation, or is much less responsive to social stimulation (smiles and talking) than usual.

NOT FEEDING

Babies under 1 year if your child stops feeding entirely.

